

Panorama - A Matter of Form: 180° / 360° films

Rules of Eligibility

1

The Internationales Frauenfilmfestival Dortmund|Köln e. V. is the organizer of the events.

2

Submitted film productions must have been directed by one or more cis women, intersex women, trans women, non-binary or genderqueer persons.

3

Eligible entries are **180° and 360° films in 2D and 3D** with a running time of up to 60 minutes. The films must have been completed after **1 January 2024**.

4

The following formats are permitted:

180° video – 2D (mono)

- Container: MP4 (preferred) or MKV
- Video codec: H.264/AVC or H.265/HEVC
- Pixel format: YUV 4:2:0 (8-bit)
- Resolution: at least 1920 × 1920 (half-equirectangular)
- Aspect ratio: 1:1
- Frame rate: 24–60 fps

180° video – 3D (stereo)

- Container: MP4 (preferred) or MKV
- Video codec: H.264/AVC or H.265/HEVC
- Pixel format: YUV 4:2:0 (8-bit)
- Resolution: at least 3840 × 1920 (left-right) or 1920 × 3840 (top-bottom)
- Aspect ratio: 2:1 (left-right) or 1:2 (top-bottom)
- Frame rate: 24–60 fps

360° video – 2D (mono)

- Container: MP4 (preferred) or MKV
- Video codec: H.264/AVC or H.265/HEVC
- Pixel format: YUV 4:2:0 (8-bit)
- Resolution: at least 3840 × 1920 (equirectangular)
- Aspect ratio: 2:1
- Frame rate: 24–60 fps

360° video – 3D (stereo)

- Container: MP4 (preferred) or MKV
- Video codec: H.264/AVC or H.265/HEVC
- Pixel format: YUV 4:2:0 (8-bit)
- Resolution: at least 3840 × 3840 (top-bottom)
- Aspect ratio: 1:1
- Frame rate: 24–60 fps

General requirements

- Audio: Stereo AAC, embedded in the video file (no separate audio track)
- The films must be playable on standard standalone VR headsets (Meta Quest 2/3/3S, Pico 4) without conversion.
- It is recommended that the file name clearly indicates the orientation, e.g. _180_LR, _180_TB, _360, _360_TB.

4

The following must be submitted via the online form for each film: the video file (made available via a file-sharing platform such as Filemail, WeTransfer, Dropbox, Google Drive, etc.), synopsis, director's biography and filmography, film stills and photo of the director, and press material.

5

Submissions must arrive at the office of the Internationales Frauen Film Fest Dortmund+Köln by no later than **30 November 2026**.

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A **registration fee** of €5 will be charged per film.

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Producers, distributors and other persons who submit a film are required to obtain permission from any third parties involved on the production of the film that they, the third parties, agree to the film being screened at the festival.

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The festival is permitted to use clips (max. 3 min.) and photos of accepted films for publicity purposes.

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The festival reserves the right to claim compensation for accepted productions that are withdrawn from the festival after 5 February

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Registration for participation at the Internationales Frauen Film Fest Dortmund+Köln will be deemed to entail acceptance of these rules of entry. The Festival Director is entitled to decide on any cases not covered by the guidelines and, also, to permit exceptions in special and well-founded cases.

Submissions close 30 November 2026.

IFFF Dortmund|Köln e. V.

c/o Kulturbüro Stadt Dortmund
Küpferstr. 3
44122 Dortmund
Germany

fon +49 231 5025162
info@frauenfilmfest.com
www.frauenfilmfest.com